

## **ABSTRACT**

The invention involves the process of using a lens placement instrument to hold a contact lens while rinsing visible debris from the lens which resulted from finger contact with the contact lens and to carry the rinsed lens to the eye where it releases the lens, with a puff of air, without further contamination from the fingers. The process increases the initial comfort of the lens on the user's eye, the lens feels like a drop of water on the eye, and increases the comfortable symptom-free wear time of the contact lens.